

Module 5: Problem Behaviors and Suicide

1. Have you ever felt hopeless and thought there must be an easy way out?
2. Do you think your kids or their friends ever feel hopeless? How would you know?
3. Have you ever known a great kid with maybe good success or straight A's who still really struggled emotionally or had difficulty with hopelessness? Did this person want to harm himself or herself?
4. How much pressure do you think kids these days feel to perform well or be perfect?
5. How does the church sometimes unintentionally contribute to kids feeling hopeless?
6. How much pressure do you think your own kids feel to perform or be perfect?
7. Where does the need to perform perfectly come from?
8. Has your child ever mentioned suicidal thoughts to you? What would you do if he or she did?
9. How have your own upbringing and childhood experiences influenced your views related to eating and alcohol consumption?
10. How might your views have a positive or negative impact on your child's views?